

# A Simple and Robust 40-Gb/s Wavelength Converter Using Fiber Cross-Phase Modulation and Optical Filtering

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**Abstract**—In this letter, 40-Gb/s return-to-zero data wavelength conversion is demonstrated using cross-phase modulation in an optical fiber with subsequent conversion of phase modulation to amplitude modulation using an optical filter. The scheme is potentially ultrahigh speed and can be made polarization independent.

**Index Terms**—Cross-phase modulation, optical fiber communication, optical networks, wavelength converters.

## I. INTRODUCTION

ALL-OPTICAL wavelength conversion can play an important role in future ultrahigh-speed networks due to the significant increase in flexibility and potential reduction in need for optical buffers [1]. Ultrahigh-speed wavelength conversion of return-to-zero (RZ) data has previously been demonstrated using four-wave mixing (FWM) in fiber [2] and semiconductor optical amplifiers (SOA's) [3] and by use of cross-phase modulation (XPM) in the nonlinear optical loop mirror (NOLM) [4]. Using FWM, it is not possible to convert an unknown wavelength to a predetermined wavelength, and the NOLM requires short pulses compared to the bit period and also suffers from stability problems. The wavelength conversion of short pulses has previously been proposed using XPM and soliton formation in a fiber [5] or using fiber XPM and polarization discrimination, i.e., nonlinear polarization rotation [6]. Here, wavelength conversion of 40-Gb/s data across 8 nm is demonstrated, and the method will most likely be scalable to much higher bit rate over a broader wavelength range, primarily limited by dispersive walkoff in the fiber. The novel idea here is to utilize XPM in a dispersion shifted fiber (DSF) followed by an optical notch filter. If the incoming data is combined with a continuous-wave (CW) signal and sent through an optical fiber, the data imposes a phase modulation onto the CW light using XPM. This phase modulation generates optical sidebands on the CW signal, which can be converted to amplitude modulation by suppressing the original CW carrier using an optical notch filter. The notch filter used here was a loop mirror filter (LMF), which

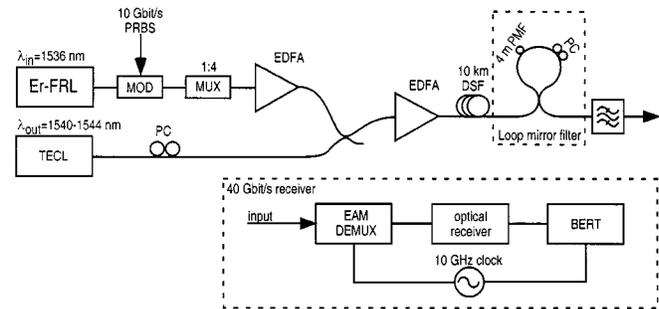


Fig. 1. Experimental setup of the XPM wavelength converter. Er-FRL: fiber ring laser. MOD: LiNbO<sub>3</sub> modulator. EDFA: erbium-doped fiber amplifier. PC: polarization controller. PMF: polarization maintaining fiber. EAM: electroabsorption modulator. BERT: bit-error rate test set.

consists of short piece of birefringent fiber in a Sagnac interferometer. Such filter is tunable and has repetitive notches, which allows conversion to different discrete wavelengths without adjusting the filter. However, in principle, any type of filter can be used, e.g., a fiber Bragg grating.

## II. EXPERIMENTS

Fig. 1 shows the experimental setup of the wavelength converter. The data pulses were generated with an actively mode-locked 10-GHz fiber ring laser giving 10-ps pulses with a time-bandwidth product (TBP) of 0.46 at 1536 nm. 10-Gb/s pseudo-random bit-stream (PRBS) data ( $2^{31} - 1$ ) was subsequently encoded and a 40-Gb/s data stream was obtained by passively multiplexing four times 10-Gb/s data streams together. The 40-Gb/s data was combined with CW light from a tunable external cavity laser and amplified before being injected into a 10-km DSF with a zero dispersion wavelength of 1540 nm. After the DSF, an LMF, consisting of a loop mirror with 4 m of polarization maintaining fiber and a polarization controller to allow adjustment of the filter wavelength, was used to suppress the original CW light carrier. The transmission function of the filter is shown in Fig. 2. The separation between the notches is 1 nm (given by the length of the birefringent fiber) and the suppression of the CW light was better than 27 dB when adjusting a notch to the wavelength of the CW light. A subsequent 0.8-nm bandpass filter was used to select one of the two sidebands and to suppress the original data. The 40-Gb/s receiver consisted of an electroabsorption modulator (EAM) with 15-ps switch window to demultiplex 40 to 10 Gb/s.

Fig. 3 shows the spectra, as measured with a spectrum analyzer with 0.1-Å resolution, before and after the LMF. The

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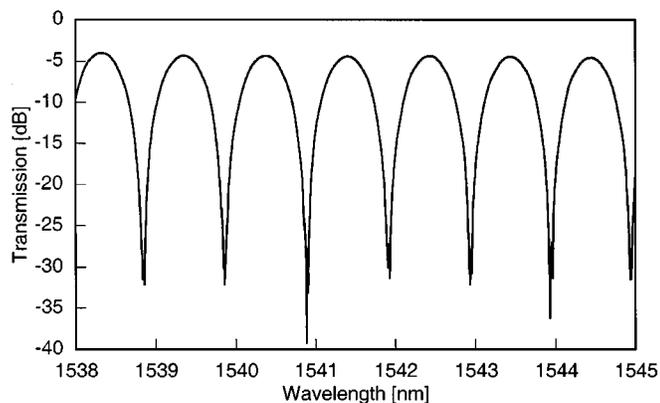


Fig. 2. Transmission through the LMF.

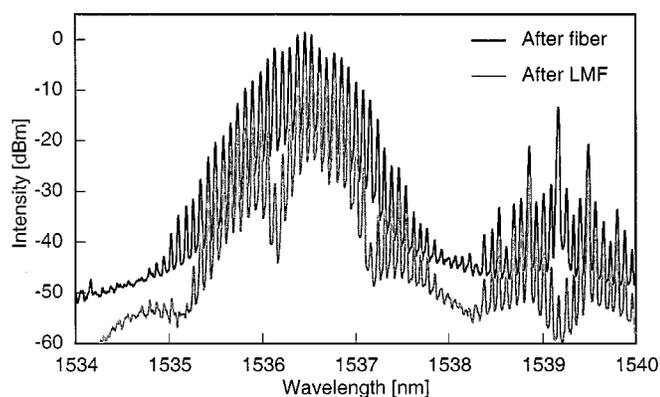


Fig. 3. Output optical spectrum of original data and wavelength converted signal before and after the filter.

original data is spectrally broadened due to self-phase modulation and the carrier at 1539 nm is suppressed by the LMF, leaving two amplitude modulated sidebands. The longer wavelength sideband originates from the derivative of the leading edge of the input pulse and the sideband toward shorter wavelengths originates from the trailing edge of the pulse. By selecting only one of the sidebands using a bandpass filter with a bandwidth matching the spectral width of the sideband, the output pulsewidth should ideally be shorter than the input pulse due to the derivative origin of the sideband. Due to optical filtering with limited bandwidth and dispersive walkoff between input and output data, the output pulses are slightly broader than the input. The output pulse width was measured as a function of wavelength and, with a 9-ps input pulse, the output pulse width varied from 10 to 12 ps for all output wavelengths from 1538 to 1548 nm. However, the required input peak power for full switching increases with larger conversion span due to the dispersive walkoff. For wavelength conversion from 1536 to 1540 nm, the TBP was 0.46 at both input and output, which indicates the possibility to further transmit the data. Transmission of the wavelength converted pulses through standard fiber showed the same dispersive pulse broadening versus fiber length as 12-ps unchirped Gaussian pulses up to 25 km. The nonlinear transmission characteristic is shown in Fig. 4 for a 10-km DSF as well as for a 5-km DSF as measured with 10-ps input pulses with 10-GHz repetition frequency for wavelength conversion

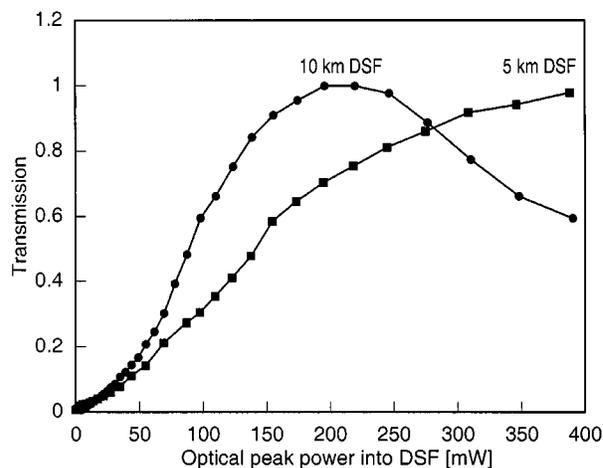


Fig. 4. Transmission versus input peak power for the wavelength converter using a 10- and 5-km DSF.

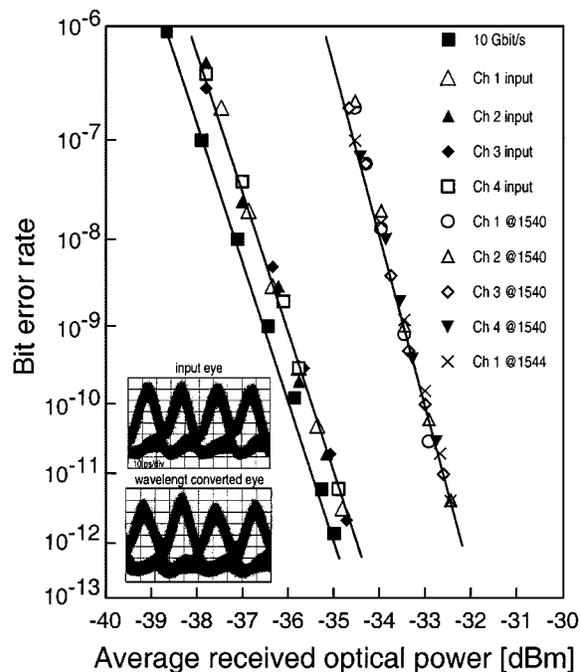


Fig. 5. BER measurements for wavelength conversion of 40-Gb/s data from 1536 to 1540 and 1544 nm.

from 1536 to 1540 nm. For moderate input power, the transmission follows a  $\sin^2$  function due to the transmission function of the LMF, and the transmission function can, to some extent, be determined by the transfer functions of the filters used. With a 10-km DSF, 200-mW peak power was required for full switching and, for 5-km DSF, about 450 mW was needed. Fig. 5 shows the received eye pattern of the original and wavelength converted 40-Gb/s data as well as bit-error-rate (BER) measurements for wavelength conversion from 1536 to 1540 nm and 1544 nm. The power penalty for BER = 10<sup>-9</sup> was 3 dB compared to the original 10-Gb/s data and 2.5 dB compared to the input 40-Gb/s data for all four 10-Gb/s channels. This penalty is believed to be partly due to distortion in the LMF and partly due to polarization interference noise between adjacent pulses. Since polarization interleaving was used in the multiplexer, the

40-Gb/s pulse sequence has every other pulse in orthogonal polarization state. Due to polarization dependence in the wavelength converter, any polarization instability in the data pulses will give rise to noise in the converted data. The power penalty for 6-nm wavelength conversion at 10 Gb/s was only 0.6 dB for the same pulsewidth, which indicates that polarization interference might be a major reason. The polarization dependence for XPM in a fiber is 5 dB and the polarization dependence as measured with a power meter was from 2 to 8 dB depending on the position and bandwidth of the bandpass filter. However, the polarization dependence can be eliminated by utilizing polarization scrambling [7] or circularly polarized fiber [8]. Even though a 10-km fiber was used, no stability problems were observed, and the system is only mechanically polarization sensitive before combining the data and CW light. Since the LMF was polarization insensitive, environmental disturbances to the 10-km fiber did not affect the performance apart from a small timing shift, which can be compensated for by a clock recovery circuit.

### III. CONCLUSION

In this letter, a new, simple, and robust wavelength converter is proposed and experimentally demonstrated at 40 Gb/s. If a fiber with high nonlinearity [9] is utilized together with a high-power erbium-doped fiber amplifier in a polarization independent configuration, the scheme has the potential to realize a compact polarization independent broad-band wavelength converter.

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